

I Am Moving, I Am Learning Head Start Grantee Training

Agenda Overview

Day 1

Tuesday

7:00 a.m.	Registration Opens	<i>Registration Area</i>
7:15 a.m.	Networking	<i>Registration Area</i>
8:15 a.m.	Opening Plenary Session <ul style="list-style-type: none"> • Welcome & Kick-off • Opportunity Knocks: Reversing Current Obesity Trends 	<i>Plenary Room</i>
10:45 a.m.	Break	
11:00 a.m.	Birth to Five: Introduction to Motor Development	<i>Plenary Room</i>
12:15 p.m.	Lunch on your own	
1:30 p.m.	Teaching Across Cultural Horizons	<i>Plenary Room</i>
2:00 p.m.	Break	
2:15 p.m.	Reflection Session & Program Level Planning	<i>Plenary Room</i>
3:00 p.m.	Break	
3:15 p.m.	Body Language <ul style="list-style-type: none"> • Green & Blue groups • Celebration and Announcements 	<i>Workshop Room A</i>
	Moving with the Brain in Mind <ul style="list-style-type: none"> • Orange & Yellow groups • Celebration and Announcements 	<i>Workshop Room B</i>
5:00 p.m.	Adjourn	

I am *moving* A Proactive Approach for Addressing Childhood Obesity in Head Start Children

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Day 2

Wednesday

7:45 a.m.	Networking	<i>Registration Area</i>
8:15 a.m.	Body Language – Orange & Yellow groups	<i>Workshop Room A</i>
	Moving with the Brain in Mind – Green & Blue groups	<i>Workshop Room B</i>
10:00 a.m.	Break	
10:15 a.m.	Activities for All – Blue & Yellow groups	<i>Workshop Room A</i>
	Nutrition Building Blocks – Orange & Green groups	<i>Workshop Room B</i>
Noon	Lunch on your own <i>Suggested Discussion Topic: Implementation</i>	
1:15 p.m.	Activities for All – Orange & Green groups	<i>Workshop Room A</i>
	Nutrition Building Blocks – Blue & Yellow groups	<i>Workshop Room B</i>
3:00 p.m.	Break	
3:15 p.m.	Plenary Session <ul style="list-style-type: none"> • Engaging Families & Staff in Moderate to Vigorous Physical Activity (MVPA) • Head Start Body Start Resources: MVPA Year Round • Celebration & Announcements 	<i>Plenary Room</i>
5:15 p.m.	Adjourn	

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Day 3

Thursday

7:45 a.m.	Networking	<i>Registration Area</i>
8:15 a.m.	Child Assessment: Observing and Evaluating Motor Skills in Young Children	<i>Plenary Room</i>
9:45 a.m.	Break	
10:00 a.m.	MVPA Every Day – Green & Blue groups	<i>Workshop Room A</i>
	Move, Play, & Learn at Home – Orange & Yellow groups	<i>Workshop Room B</i>
11:45 a.m.	Lunch on your own <i>Suggested Discussion Topic: Implementation</i>	
1:00 p.m.	MVPA Every Day – Orange & Yellow groups	<i>Workshop Room A</i>
	Move, Play, & Learn at Home – Green & Blue groups	<i>Workshop Room B</i>
2:45 p.m.	Break	
3:00 p.m.	Take It Outside! – Orange & Yellow groups	<i>Workshop Room A</i>
	Take It Outside! – Green & Blue groups	<i>Workshop Room B</i>
4:45 p.m.	Break	
5:00 p.m.	Closing Plenary Session <ul style="list-style-type: none"> • IMIL Finale • Final Announcements 	<i>Plenary Room</i>
5:45 p.m.	Adjourn	