

Parents and Caregivers – How to Talk to Kids About COVID-19

[Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019](#) (NCTSN) Also available in Spanish

[How to Talk to Your Kids About Coronavirus](#) (PBS for Parents)

<https://www.mprnews.org/story/2020/02/28/npr-just-for-kids-a-comic-exploring-the-new-coronavirus?fbclid=IwAR3MVkWikvkhNsLhd85E-m8kNTNRS81PhtCii1sMzvzweRS9IB9okgqh8OM>

https://www.elespectador.com/coronavirus/el-coronavirus-explicado-para-ninos-articulo-907745?fbclid=IwAR2QkmpONbIPnYkbCbyKk2q2UY73yYXTPO3WIRryZgSf66H_q8PDCAnd-Y (Spanish)

Professionals and Parents – Self-Care

<https://www.theverge.com/2020/3/16/21181773/headspace-free-health-care-provider-public-health?fbclid=IwAR3YRZfialRxdJqMZ7EPOMK1FEMOUNwoiHvUBcNQLcl2ulGnfAld1MsOGuY> (for professionals)

Myth Busters About COVID-19

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters?fbclid=IwAR1rmlEWkM37y3466DzVB1Yy9kH88IKG5DNCmT9BZe8rq-gkaoPXTEY5os> (Myth Busters)